

# Bayport-Blue Point

## Girls Winter Track

Dear Parents and Guardians,

I would like to take this opportunity to explain my expectations, goals and policies for this team. Your child will hear of these issues first hand but I need you to understand them so that you can support your child as she works with us throughout the season.

1. **Student Athlete**- Our athletes are viewed as students first and then as athletes. In order for your child to keep the privilege of participation in interscholastic athletics, they must first fulfill their responsibilities in our school and in their classrooms. Any disciplinary and/or academic problems may impact your child's status on the team.
2. **Attendance**- In order to be able to compete in the first contest, Section XI rules state that each athlete must have **ten** practices before the first meet. Our district requires that students be present during school in order to participate in the day's practice or track meet. Any athlete that is absent the day before a meet may not be able to participate in the meet. If an athlete is not able to practice due to an injury, she will not be able to participate in practice or compete in any meet until a doctor's note is presented to the coach clearing that girl to run. The season is only nine weeks long; therefore any more than **seven missed practices** will result in disciplinary actions being taken with the ultimate penalty being released from the team. Practices start at 2:45 P.M. on school days and usually at 8 A.M. on Saturdays. Students should be aware that many teachers offer extra help before school and during free/lunch periods. They are encouraged to attend these sessions before having to miss practice.
3. **Pickups From Away Meets**- Bus transportation will always be provided to and from all meets. All dual meets and many of the invitations on Saturdays will be at Suffolk Community College West Campus. If for any reason, you would like to pick up your child from an away meet, the athlete must provide a note to her coach the day prior to the meet written by the parent/guardian that will be there to pick up them up. Athletes will not be released out of the supervision of the coach to another athlete's parent or guardian. While there are always unexpected events that pop-up, every athlete is encouraged to stay with her team and support them. Being picked up for work or something along those lines would be considered a lack of support for the athletes' teammates and will come with consequences.
4. **Philosophy**- This is a varsity level program and every year we are looking to score as high as possible in league and county standings. For that reason, I expect every girl to put in 100% towards making herself faster, not just for herself, but for her team. I promise to do my best to get every girl to improve, keep them injury free and take the team as far as they can go. In return, all I ask is that the girls show up and work hard.

The majority of our meets will be at Suffolk Community College West (Brentwood) Campus. Tentatively we might also have an overnight meet at Yale, as well as a couple of meets at the Armory in NYC. Our schedule is dependent upon availability of the track at SCCC. Therefore, we must take whatever times we can to run our meets. Some of the meets could be on Sundays and others can end as late as 10:30 on a school night. As soon as I have the schedule, I will email it to all athletes and parents and with more than enough notice ahead of time, I expect little to no scheduling conflicts.

**Directions to SCCC WEST:** Take the Long Island Expressway West to exit 53. Take the Wicks Road exit South. Go passed the Park and Ride and make a right into the campus. A left at the first stop sign will lead you to a parking lot next to the athletic complex.

To ensure that all parents and guardians are aware of the team's efforts, I ask that you sign this letter and have your child return this letter signed to me. Please also check the following website for the schedule, the attendance policy, necessary parent/athlete information and just about anything else:

[www.coachungaro.com](http://www.coachungaro.com)

It is my hope that this letter will clarify our expectations and responsibilities as a team, but if you still have questions or concerns please feel free to call me at 472-7800. I also check my email daily and you can email me at [coachungaro@coachungaro.com](mailto:coachungaro@coachungaro.com).

Thank you in advance for your support and I look forward to seeing you at the meets. Please sign below. **All of this information is listed on the team's website so don't worry about tearing the signature off the bottom.**

*By signing below you acknowledge that you have read and signed both this information packet as well as the Bayport-Blue Point Extracurricular Eligibility packet.*

Sincerely,

Vincent Ungaro  
Head Coach

Print- \_\_\_\_\_  
Student's Name

Chris Burke  
Assistant Coach

Sign- \_\_\_\_\_  
Parent/Guardian's Signature

Print- \_\_\_\_\_  
Parent/Guardian's Email